

# CENTRAL REGION

# LOK HUP BA FA

# WORKSHOP – PART II



Version 6

**June 18<sup>th</sup> to June 20<sup>th</sup> 2026 in London, Ontario**

Cost: \$350 CTCA Members; includes accommodation and meals

The workshop starts on Thursday at 2 pm and runs through to Saturday at 5 pm. You can arrange to arrive on Wednesday and leave on Sunday if that works best for your travel plans. There may be extra fees charged for additional accommodation and extra meals.

The focus of the workshop is teaching the **second half of the Lok Hup Ba Fa set as taught by Mr. Moy Lin-shin**. The workshop is suitable for anyone who wishes to learn the second half of the Lok Hup set for the first time or who wants to improve their understanding of the second half. It is highly recommended that you have a good understanding of the first half of the Lok Hup Ba Fa set. There will be opportunities to practice the 1<sup>st</sup> half of the Lok Hup set. The workshop will be led by senior instructors from the Central Region.



All CTCA members attending will pay a flat rate of \$350 for the workshop. If a member is not staying at the conference centre or is providing their own food (special dietary needs), the workshop fee is decreased by 50%. If a member cannot afford the workshop fee, they may apply for a discount to the workshop fee. There is no single day rate. **The final day to submit your registration is: June 1<sup>st</sup> 2026.** Pre-registration is required.

There is a weeklong workshop (Instructor Training Week June 14<sup>th</sup> to June 18<sup>th</sup>) prior to the Lok Hup Ba Fa Workshop. All workshops will be held at the **Fanshawe College Conference Centre** in London, Ontario. The workshop will be held in the gymnasium at the college. All meals are prepared by the college hospitality program with the accommodation making use of the student housing located a short walk from the dining hall and gymnasium. Visit the website for details of all workshops.

More Information at: [www.LondonTaiChi.ca/Fanshawe2026](http://www.LondonTaiChi.ca/Fanshawe2026)  
Contact: [Fanshawe@LondonTaiChi.ca](mailto:Fanshawe@LondonTaiChi.ca) or 844-205-6944 Toll Free