

# Central Region Instructor Training Week

Program Workshop Itinerary  
London: June 14 to June 18, 2026



Saturday June 13, 2026 – Early Arrivals		
1 PM – 9 PM	<b>Instructor Training Week - Early Registration</b>	Alumni Lounge
1 PM – 6 PM	Open Practice	Alumni Lounge
6 PM – 7:30 PM	Supper (Extra Cost)	Oasis Cafeteria
8 PM – 9 PM	Open Practice	Alumni Lounge

Sunday June 14, 2026 – ITW		
7:30 AM – 9:30 AM	Breakfast – Sunday Arrivals	Oasis Cafeteria
8 AM – 2 PM	<b>Instructor Training Week Registration</b>	Alumni Lounge
9 AM – 10:30 AM	<b>Program Start:</b>	Gymnasium 1+2
10:30 AM – 11 AM	Coffee Break	Alumni Lounge
11 AM – 12:30 PM	Stream A	Gymnasium 1
11 AM – 12:30 PM	Stream B	Gymnasium 2
12:30 PM – 2 PM	Lunch	Oasis Cafeteria
2 PM – 3:30 PM	Stream A	Gymnasium 1
2 PM – 3:30 PM	Stream B	Gymnasium 2
3:30 PM – 4:15 PM	Snack Break	Alumni Lounge
4:15 PM – 6 PM		Gymnasium 1+2
6 PM – 7:30 PM	Supper	Oasis Cafeteria
7:30 PM – 9 PM	Lecture : <b>TODO</b>	Lecture Hall

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Monday June 15, 2026 – ITW		
7:30 AM – 9:30 AM	Breakfast	Oasis Cafeteria
9 AM – 10:30 AM		Gymnasium 1+2
10:30 AM – 11 AM	Coffee Break	Alumni Lounge
11 AM – 12:30 PM	Stream A	Gymnasium 1
11 AM – 12:30 PM	Stream B	Gymnasium 2
12:30 PM – 2 PM	Lunch	Oasis Cafeteria
2 PM – 3:30 PM	Stream A	Gymnasium 1
2 PM – 3:30 PM	Stream B	Gymnasium 2
3:30 PM – 4:15 PM	Snack Break	Alumni Lounge
4:15 PM – 6 PM		Gymnasium 1+2
6 PM – 7:30 PM	Supper	Oasis Cafeteria
7:30 PM – 9 PM	CTCA AGM / Movie Night	Lecture Hall

Tuesday June 16, 2026 – ITW		
7:30 AM – 9:30 AM	Breakfast	Oasis Cafeteria
9 AM – 10:30 AM		Gymnasium 1+2
10:30 AM – 11 AM	Coffee Break	Alumni Lounge
11 AM – 12:30 PM	Stream A	Gymnasium 1
11 AM – 12:30 PM	Stream B	Gymnasium 2
12:30 PM – 2 PM	Lunch	Oasis Cafeteria
2 PM – 3:30 PM	Stream A	Gymnasium 1
2 PM – 3:30 PM	Stream B	Gymnasium 2
3:30 PM – 4:15 PM	Snack Break	Alumni Lounge
4:15 PM – 6 PM		Gymnasium 1+2
6 PM – 7:30 PM	Supper	Oasis Cafeteria
7:30 PM – 9 PM	Lecture: <b>TODO</b>	Lecture Hall

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Wednesday June 17, 2026 – ITW		
7:30 AM – 9:30 AM	Breakfast	Oasis Cafeteria
9 AM – 10:30 AM		Gymnasium 1+2
10:30 AM – 11 AM	Coffee Break	Alumni Lounge
11 AM – 12:30 PM	Stream A	Gymnasium 1
11 AM – 12:30 PM	Stream B	Gymnasium 2
12:30 PM – 2 PM	Lunch	Oasis Cafeteria
2 PM – 3:30 PM	Stream A	Gymnasium 1
2 PM – 3:30 PM	Stream B	Gymnasium 2
3:30 PM – 4:15 PM	Snack Break	Alumni Lounge
4:15 PM – 6 PM		Gymnasium 1+2
6 PM – 9 PM	Pub Night / Karaoke	Outback Pub
7:30 PM – 9 PM	Open Practice	Alumni Lounge

Thursday June 18, 2026 – ITW		
7:30 AM – 9:30 AM	Breakfast	Oasis Cafeteria
9 AM – 10:30 AM		Gymnasium 3
10:30 AM – 11 AM	Coffee Break	Alumni Lounge
11 AM – 12:30 PM		Gymnasium 3
12:30 PM	End of Workshop	

Thursday June 18, 2026 – ITW		
12:30 PM – 2 PM	Lunch (Extra Cost)	Oasis Cafeteria
2 PM – 6 PM	Open Practice	Alumni Lounge
6 PM – 7:30 PM	Supper (Extra Cost)	Oasis Cafeteria
7:30 PM – 9 PM	Open Practice	Alumni Lounge

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Friday June 19, 2026 – ITW		
7:30 AM – 9:30 AM	Breakfast – Late Departures (Extra Cost)	Oasis Cafeteria
9 AM – 12 PM	Open Practice	Alumni Lounge

More Information: [www.LondonTaiChi.ca/Fanshawe2026](http://www.LondonTaiChi.ca/Fanshawe2026)

Questions? [Fanshawe@LondonTaiChi.ca](mailto:Fanshawe@LondonTaiChi.ca) or 844-205-6944 Toll Free