

WESTERN CENTRAL REGION LOK HUP BA FA WORKSHOP



July 5th to July 6th 2025 in London, Ontario

Cost: \$250 CTCA Members; includes accommodation and meals

Cost: \$350 Non-Members; includes accommodation and meals

Version 4

The workshop starts on Saturday at 9 am and runs through to Sunday at 5 pm. You can arrange to arrive on Friday and leave on Monday if that works best for your travel plans. There may be extra fees charged for additional accommodation and extra meals.

The focus of the workshop is teaching the **first half of the Lok Hup set as taught by Mr. Moy Lin-shin**. The workshop is suitable for anyone who wishes to learn Lok Hup for the first time or who wants to improve their understanding of the first half. It is highly recommended that you complete the Introduction to Tai Chi course. There will be opportunities to practice the 2nd half of the Lok Hup set in breakout sessions for those who already know the 2nd half. The workshop will be led by senior instructors from the Central Region.

All CTCA members attending will pay a flat rate of \$250 for the workshop. If a member is not staying at the conference centre or is providing their own food (special dietary needs), the workshop fee is decreased by 50%. If a member cannot afford the workshop fee, they may apply for a discount to the workshop fee. There is no single day rate. Visit the London website to download the registration package. **The final day to submit your registration is: June 1st 2025.** Pre-registration is required.



There are workshops the previous weekend (General Tai Chi Workshop June 28th to June 29th) as well as a weeklong workshop (Instructor Training Week June 30th to July 4th). All workshops will be held at the **Fanshawe College Conference** Centre in London, Ontario. The workshop will be held in the gymnasium at the college. All meals are prepared by the college hospitality program with the accommodation making use of the student housing located a short walk from the dining hall and gymnasium. Visit the website for details of all workshops.

More Information at: www.LondonTaiChi.ca/Fanshawe2025

Contact: Fanshawe2025@LondonTaiChi.ca or 844-205-6944 Toll Free