

WESTERN CENTRAL REGION GENERAL TAI CHI WORKSHOP



June 28th to June 29th 2025 in London, Ontario

Cost: \$200 CTCA Members; includes accommodation and meals

Cost: \$250 Non-Members; includes accommodation and meals

Version 4

The workshop starts on Saturday at 9 am and runs through to Sunday at 9 pm. You can arrange to arrive on Friday and leave on Monday if that works best for your travel plans. There may be extra fees charged for additional accommodation and extra meals.

The focus of the workshop is practicing the Tai Chi form as defined by Mr. Moy Lin-shin to **exercise your physiology**. It is recommended that attendees have completed the Introduction to Tai Chi course. The program will include opportunities to learn and practice **different forms of meditation** as taught by Mr. Moy. Special activities are being planned for the evening program. The workshop will be led by senior instructors from the Central Region.

All CTCA members attending will pay a flat rate of \$200 for the workshop. If a member is not staying at the conference centre or is providing their own food (special dietary needs), the workshop fee is decreased by 50%. If a member cannot afford the workshop fee, they may apply for a discount to the workshop fee. There is no single day rate. Visit the London website to download the registration package. **The final day to submit your registration is: June 1st 2025.** Pre-registration is required for the workshop.

There are workshops the following week (Instructor Training Week June 30th to July 4th) and on the weekend (Lok Hup Ba Fa July 5th to July 6th). All workshops will be held at the **Fanshawe College Conference** Centre in London, Ontario. The workshop will be held in the gymnasium at the college. All meals are prepared by the college hospitality program with the accommodation making use of the student housing located a short walk from the dining hall and gymnasium. Visit the website for details of all workshops.



More Information at: www.LondonTaiChi.ca/Fanshawe2025

Contact: Fanshawe2025@LondonTaiChi.ca or 844-205-6944 Toll Free